



Anderson Township Senior Center
7970 Beechmont Ave.
Anderson Township, OH 45255
AndersonTownshipOH.gov/senior-center

Check out event and program information on Facebook
@FriendsofAndersonTownshipSeniorCenter

The Anderson Township Senior Center will be closed on May 29.

JUNE

Historian Diane Shields: Norman Rockwell

Monday, June 19 • Time: 10:30 A.M.

Learn about this American illustrator, known for 322 magazine covers that elicit nostalgia and emotion.

Musical Selections by Les Tacy

Monday, June 19 • Time: 11:30 A.M.

Brain Health—An Introduction to Tapping

Tuesday, June 20 • Time: 10:30 a.m.

Angela Homoelle from the Caregiver Assistance Network will demonstrate Tapping Therapy, used to reduce stress and anxiety.

Summer Solstice Breakfast

Wednesday, June 21 • Time: 9-10 A.M.

Celebrate the longest day of the year with a complimentary breakfast. Signup sheet at front desk beginning of June.

La Comedia Theatre Lunch and Show—Cinderella

Thursday, June 22 • Leave ATSC: 9:45 A.M.

Travel to Springboro, Ohio on a tour bus for a lunch buffet and a stage show of the classic musical, Cinderella.
Cost: \$75.

Operation Christmas Child Introduction

Monday, June 26 • Time: 10:30 A.M.

Janet Vest from the Forestville Baptist Church, will share details about a program to help underprivileged children and how we can assist.

Book Blitzers Book Club

Monday, June 26 • Time: 12:30 P.M.

Discuss *American Princess* by Stephanie Marie Thornton. Books available at front desk in late May.

Craft Project—A Welcome Sign

Tuesday, June 27 • Time: 10:30 A.M.

Make a beautiful wooden sign to welcome guests to your home. **Cost \$15.**

Dean Regas—The Sun, the Solstice and an Eclipse

Wednesday, June 28 • Time: 10:30 A.M.

The astronomer from the Cincinnati Observatory returns to share information on our closest and most important star.

Guitar Music by Dave Ridenhour

Wednesday, June 28 • Time: 11:30 A.M.

June Birthday Party and Independence Day Cookout

Friday, June 30 • Time: 10:30 A.M.

A few days early, but we'll celebrate our nation's birthday with a cookout, music and a special treat. Sign up for lunch by June 23.

Pickleball Thriving at Anderson Senior Center



Marcia Cole, Sherry Burnside and Paul Vest

The fastest growing sport in America is the fastest growing activity at the Anderson Township Senior Center!

A group of 12 members started playing pickleball last March. One year later, the group has grown to 40 and requires two sessions to accommodate all these active seniors! The pickleball players compete in a fun and friendly manner at the Forestville Baptist Church, located directly behind the senior center.

Senior Center Advisory Committee Members Marcia Cole and Sherry Burnside, along with Paul Vest one of

the deacons at the church, started this project as a way for members to be active, social and learn a new skill. They continue to dedicate their time each week, teaching beginners and coaching experienced players. Even members who have never participated in an organized sport have learned the game, gained confidence, and made new friends.

Information about our pickleball program for members is available at the front desk at the Anderson Township Senior Center.

**“That’s another great thing about getting older.
Your life is written on your face.”**

— Frances McDormand

Mission Statement • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: *“To provide services which protect and enhance the quality of life in our community.”*
AndersonTownshipOH.gov/senior-center

HOURS
Monday-Friday
9 a.m.-2 p.m.
PHONE
513.474.3100

Claire O’Connell
Activities Manager
COconnell@AndersonTownshipOH.gov
Janell Schaeffer
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MAY

Summer Cooling Tips and Financial Assistance

Monday, May 1 • Time: 10:30 A.M.

Katherine Metz from Ohio Consumer Council will discuss coping with summer heat, including saving on electric bills and receiving help with repairing or purchasing air conditioning.

May Day Garden Club Meeting

Monday, May 1 • Time: 12:30 P.M.

All are welcome to help plan this year’s vegetable garden.

Memory Cafe

Tuesday, May 2 • Time: 10:30 A.M.

A comfortable gathering that allows people with dementia and their caregivers to socialize and engage in fun activities.

Coffee with a Cop

Wednesday, May 3 • Time: 10:30 A.M.

Hear news about the Anderson area and have your questions about safety answered.

Country Music with Drake

Wednesdays, May 3 and 17 • Time: 11:30 A.M.

Lunch at Rancheros Cocina Mexicana

Thursday, May 4 • Time: 11:15 A.M.

Celebrate Cinco de Mayo a day early! Meet at this popular restaurant in the Anderson Towne Center.

Juniors Helping Seniors Technology Support

Thursday, May 4 • Time: 3:15 P.M.

You Are Never Too Old to Learn: Online classes available. Get assistance with your cell phone, tablet or laptop. Last session of the year.

Our Own “Run for the Roses”

Friday, May 5 • Time: 10:30 A.M.

We’ll race horses, wear beautiful hats, and enjoy our pre-Kentucky Derby Day! Sign up for lunch by May 2.

Folk Music and Jam Session with Dave Sanders

Friday, May 5 • Time: 11 A.M.

After lunch, bring an instrument and join in or stay to listen to the wonderful improvised music! All levels welcome. Sign up for lunch by May 2.

Forest-Aires Concert-Songs of the ‘70s

Monday, May 8 • Time: 10:30 A.M.

This wonderful vocal group returns to entertain with music from the 1970s. Sign up for lunch by May 4.

Celebrating the 1970s - Continued!

Tuesday, May 9 • Time: 10:30 A.M.

‘70s music trivia, sitcom videos and more! We’ll also show episodes from ‘70s sitcoms this week before lunch.

Meals on Wheels–Farmer’s Market Voucher Information

Tuesday, May 9 • Time: 11:30 A.M. - 12:30 P.M.

Visit the information table to find out if you qualify for this free produce service.

Dinner and Tour of the New England Club

Tuesday, May 9 • Time: 5 P.M.

Meet at this retirement community, 8135 Beechmont Ave. in Anderson Township.

Movie Matinee

Wednesday, May 10 • Time: 11:45 A.M.

The Martian, starring Matt Damon. An astronaut is stranded on Mars with NASA attempting a rescue mission. Sign up for lunch by May 5.

Greeting Card Class

Thursday, May 11 • Time: 10 A.M.

Make beautiful cards in this popular class. **Cost: \$2.**

Flute Music by Mark Huffman

Thursday, May 11 • Time: 10:30 A.M.

Featuring the music of Nat King Cole.

The Cincinnati Reds vs. New York Mets

Thursday, May 11 • Leave at 10:45 A.M.

Cheer on the Reds in great lower-level seats after enjoying an all-you-can-eat pregame buffet in the Old Smokey Party Area. Transportation provided. **Cost: \$80**, all inclusive.

Piano Music by Annie

Fridays, May 12 and 19 • Time: 11 A.M.

Historian Diane Shields: Spring Grove Cemetery and Arboretum

Monday, May 15 • Time: 10:30 A.M.

Learn about this beautiful national historical landmark, the third largest cemetery in the United States.

Music by Pete Papania

Monday, May 15 • Time: 11:30 A.M.

Brain Health: Active, Healthy Aging

Tuesday, May 16 • Time: 10:30 A.M.

May is Mental Health month: relaxation strategies, healthy food samples, and sharing your ideas on how to live a healthy, active lifestyle.

Fun and Fitness Dance Sessions

Wednesdays, May 17 - June 7 • Time: 11-11:45 A.M.

Choreographer Karin Oakes will lead low impact dance moves to increase heart rate while being gentle on joints. **Cost: \$3 per class.**

Folk Music by Seldom the Same

Thursday, May 18 • Time: 10:30 A.M.

Lavender Body Scrub Make It-Take It

Monday, May 22 • Time: 10:30 - 11:30 A.M.

Sign up early for this craft activity sponsored by Heaven Sent Home Health Care.

Book Blitzers Book Club

Monday, May 22 • Time: 12:30 P.M.

Discuss *West with Giraffes* by Lynda Rutledge. Copies available at the front desk by the end of April.

Fighting Financial Exploitation and Outsmarting Scammers

Tuesday, May 23 • Time: 10:30 A.M.

Mary Hurlburt from Pro Seniors will share how to avoid scammers and what to do if you are a victim.

Guitar Music by Dave Ridenhour

Wednesday, May 24 • Time: 11 A. M.

Movie Matinee

Thursday, May 25 • Time: 11:45 A.M.

Just in time for Memorial Day, enjoy the award-winning *Midway* movie, starring Charlton Heston and Henry Fonda, about the turning point in the Pacific during World War II.

May Birthday Party and Memorial Day Cookout

Friday, May 26 • Time: 10:30 A.M.

Wear your red, white and blue and enjoy this special spring cookout. Sign up by May 17.

Spring Grove Cemetery and Arboretum Bus Tour

Wednesday, May 31 • Leave ATSC at 9:30 A.M.

Experience the history and beauty of this Cincinnati landmark from a comfortable tour bus. Transportation and box lunch included. **Cost: \$30**

JUNE

Technology Assistance

Thursday, June 1 • Time: 11 A.M.

Dave Weisssharr, retired IT professional, will offer support with cell phones, laptops and tablets.

Folk Music and Jam Session with Dave Sanders

Friday, June 2 • Time: 10:30 A.M.

Memories into Memoirs

Monday, June 5 • Time: 10:30 A.M.

Xavier University Professor Renee Zucchero will explain a project in cooperation with XU students, asking members to share life memories.

Memory Cafe

Tuesday, June 6 • Time: 10:30 A.M.

Lunch at Golden Corral

Tuesday, June 6 • Time: 11:30 A.M.

Back by popular demand! Meet at this Eastgate area buffet.

Fire Drill Safety

Wednesday, June 7 • Time: 10:30 A.M.

Learn how to prevent fires in your home or apartment and what to do in case of a fire emergency.

Greeting Card Class

Thursday, June 8 • Time: 10 A.M.

Make beautiful cards in this popular class. **Cost: \$2.**

Flute Music with Mark Huffman

Thursday, June 8 • Time: 10:30 A.M.

Features a selection of traveling songs.

Piano Music by Annie

Fridays, June 9 and 23 • Time: 11 A.M.

AARP Safe Driver Program

Monday, June 12 • Time: 9 A.M. to 1 P.M.

Review safe driving skills and possibly lower your car insurance costs. **AARP members \$20; Non-members \$25.** Sign up for lunch by June 7.

Historian Millie Henley as Martha Washington

Tuesday, June 13 • Time: 10:30 A.M.

Learn about the life of our first First Lady from this popular presenter.

Intergenerational Event-Baby Goat Visit

Wednesday, June 14 • Time: 10:30 A.M.

Bring your grandchildren to learn about the Dream to Reality Farm. They will be bringing baby goats! Includes craft activity for children.

Movie Matinee

Wednesday, June 14 • Time: 11:45 A.M.

Crazy, Rich Asians, a comedy about a boyfriend’s quirky family and very strict mother. Sign up for lunch by June 9.

Folk Music by Seldom the Same

Thursday, June 15 • Time: 10:30 A.M.

Belterra Park

Thursday, June 15 • Time: 11 A.M.

Meet at Belterra Park, 6301 Kellogg Road. Horse racing will be back! Complete manifest form at the front desk by June 7.

Movie Sing Along: Cinderella

Friday, June 16 • Time: 10:30 A.M.

Sing along with songs from the Rodgers and Hammerstein version of *Cinderella* to get ready for our trip to La Comedia or just join in the fun.

(continued on back cover)